# **Parents as Partners in Prevention**

# Preventing, Understanding and Responding to Youth Substance-Use

School District No. 43 (Coquitlam) presents *Parents as Partners in Prevention*, information sessions which are open to all parents. While school-based professionals continue to provide substance-use prevention support for students, effective prevention strategies require partnership between school, home and prevention support services.



To that end, we strongly encourage you to attend one of these informative sessions to provide you with strategies to help your child/youth make healthy and safe choices. For more information please contact your school administrator or school counselor.

These information sessions are designed for an adult audience, and are not intended for children.

#### **HIGHLIGHTS**

- The substances of choice: What are they? What are their risks?
- Understanding and responding to "First-use" risks as youth transition to secondary school.
- Parental influence: How to support safe and healthy choices for youth.
- How to recognize and respond to a "drug-curious" youth.
- How to recognize and respond to a youth who may be "Drug-Active."
- Social Media: Where are children and youth getting their information?

## **PRESENTATION DATES**

Heritage Woods Secondary Riverside Secondary Centennial Secondary Port Moody Secondary Dr. Charles Best Secondary Terry Fox Secondary Pinetree Secondary Gleneagle Secondary Wednesday, February 15, 2017 at 7 p.m. Tuesday, February 21, 2017 at 7 p.m. Wednesday, February 22, 2017 at 7 p.m. Thursday, February 23, 2017 at 7 p.m. Tuesday, April 4, 2017 at 7 p.m. Wednesday, April 5, 2017 at 7 p.m. Thursday, April 6, 2017 at 7 p.m. Wednesday, April 19, 2017 at 7 p.m. Wednesday, April 19, 2017 at 7 p.m.

## **PRESENTERS**

**Robb McGirr** is an addictions counselor at Front-Line Prevention Services specializing in school-based prevention and early intervention. He is a consultant for the school district working under the direction of the district's student wellness and safety portfolio. Robb has a long history with both our schools and community having worked as a Port Moody police officer for 20 years, and a youth substance-use prevention specialist for the last 11 years.





**SHARE Family & Community Services** is a non-profit agency that provides a wide variety of programs and services in the community. SHARE is the primary resource for substance use prevention and intervention in the Tri-Cities, Belcarra and Anmore. There are two health promotion facilitators that have many years of experience. They provide evidence-based, leading edge prevention programs in the schools throughout the year. The SHARE youth substance use program also have clinical counsellors who provide free individual counselling services for youth aged 12 to 24.

